## **PRE-CARE TIPS**

## PRE-CARE INSTRUCTIONS

NO alcohol or caffeine 48 hours before procedure.

Avoid sun and tanning on your face two weeks prior to procedure.

Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 48 hours before procedure.

Discontinue Retin-A, Chemical and Laser Peels, Microdermabrasions, Alpha Hydroxy Acid
(AHA), and any chemical exfoliant or "brightening" skincare at least 6 weeks prior (Once your brows have healed, you must avoid use of these products on forehead area procedure to prevent premature fading).

Botox and filler on the forehead, temple, and eye area should be avoided 1 months prior to procedure for those who do not regularly receive injectables.

No brow waxing, tinting, or threading 48 hours prior (the more natural hair growth you have, the better!

Please Note: You will be more sensitive during your menstrual cycle.

## THE HEALING PROCESS

You will go through three healing phases: 1-Heal, 2-Peel, 3-Fade

## After you've healed...

Brow tattoos normally last 1-3 years depending on client's lifestyle, skin type and aftercare. Exposure to the sun and tanning beds can cause fading and discoloration of the pigment. Always apply sunscreen (50 SPF or greater) on brow area once completely healed. Maintain removal of unwanted brow hair outside of your tattooed brow design by tweezing, threading, waxing, or razoring. Do not do laser around your brow area (IPL). Some lasers may change the color of the pigment. Additional brow makeup application may still be required post tattoo to achieve your desired look. For further sun protection wear hats and sunglasses. Yearly touchups are recommended to maintain your results. Avoid using chemical skin exfoliants on the brows and forehead area. Use of these products will cause premature fading and tattoo discoloration. Examples may include but are not limited to: Glycolic Acid, Hydroquinone, Retinol, Retin A, Vitamin C, "peels" or "brightening." Any service or product used to treat hyper pigmentation on the forehead and eye area should be avoided.